## TECHNIQUE: CONTINUOUS LOOPS (CL)

PRACTICE CALYX - 11/0 seed beads/24 gauge wire
Pattern: Five 10-bead CL
PREPARE: String approx. 4 inches ( 10.1 cm ) beads onto a spool of 24 -gauge wire.

1. Leave a 3 inch $(7.6 \mathrm{~cm})$ tail and move 10 beads over from the spool and cross the wires underneath the beads to form a cross. Photo 1.
2. Twist twice to form a loop. TIP: Put the cross over your forefinger to steady the beads to form the first loop. Photo 2. This is the first continuous loop (CL).
3. Move 10 more beads over from the spool. Leave a small space after the first loop so you have room to twist the next loop. Cross the wires to form a new loop. Photo 3. Twist to form the second continuous loop (CL).
4. Make five (5) continuous loops (CL) total. Cut another tail off of the spool. Twist the two ending tail wires together a few times at the base. See finished Calyx in Photo 4.

